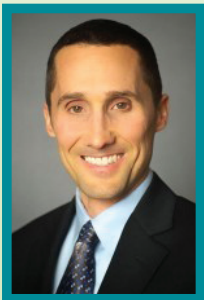


Fundamental Health Solutions

As practitioners of Functional Medicine, our integrative approach to healthcare is based on science and clinical analysis and encompassing physical, as well as environmental, emotional and spiritual factors. We can identify health challenges by looking at your cellular health. We have provided healthy outcomes for not only acute, but chronic, persistent and difficult health issues via cell nutrition. Patients at Fundamental Health Solutions become our partners toward achieving optimum health.



Dr Phil Sledz, DC
Functional Medicine Practitioner

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*Your
partner
in healthy
change*

Dr. Phil Sledz, DC

Contact us now for a free 15 minute
consult on how our practice can help you.
512 299-1223.

Comprehensive & Individualized

Our customized solutions are based upon your specific health issues, which also take into account Environmental, Mental/Emotional, Social, Spiritual and Genetic factors. Genetic factors are integrated into our dietary plans, as a result of blood testing.



Baseline Identification

Our human body contains cells of all types and functions. The clinical tests used at Fundamental Health Solution are for the purpose of identifying current cell health. This gives us a baseline of what is occurring in your body.

Professional Services Also Include

- Nutritional Health Optimization
- Athletic Optimization
- Anti-Aging: mobility, range of motion
- Anti-Aging: wrinkles, cellulite
- Chemical Injury
- Joint Problem Correction via Nutrition
- Weight Loss
- Peri-Menopause & Menopausal Issues
- Physical Injury Nutritional Support
- US Military Veteran Health Issues
- Sleep Issues

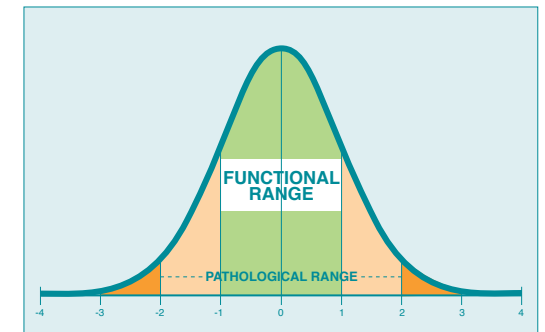
Clinical Testing

- Auto-Immune Issues (comprehensive)
- Blood Sugar Metabolism Problems (Autoimmune related)
- Neurological Issues (Autoimmune related)
- Joint Issues (Autoimmune related)
- Functional Range testing
- Metabolic Imbalances
- Bone Density (non radiation)
- Hormonal Testing
- Adrenal Function (salivary)
- Thyroid Testing (T3, T4, Reverse & Antibodies)
- Nutritional Deficiencies
- Testing your Biological Age (Telomere Testing)
- Early Detection of impending cardiac events
- Early Detection of impending brain events.

Other Testing & Services

- Live Blood Analysis (nutrient condition)
- Meridian Testing (no needles)
- Geno-Type menu plans based upon your genetics and blood type.

Functional Ranges



Functional lab Ranges are used by Practitioners of Functional Medicine. These are narrower ranges, based on healthier people compared to lab ranges used with conventional testing. Because most conventional practitioners use wider test ranges based on the results of less healthy people, a person can still have health issues even when their results are within the norm for those types of tests. Functional Ranges are used to assess risk for health problems before they occur, and to detect health issues before they develop. Our functional ranges have been determined by the American Association for Clinical Chemistry.