

CONGRATULATIONS ON TAKING ONE OF THE FIRST STEPS IN IMPROVING YOUR HEALTH!

The Live Blood Demonstration you are about to participate in is designed to help educate you about the way in which your diet, exercise and lifestyle affect your health. Many people are only told to “eat right and exercise”. This demonstration is a tool intended to help motivate you to make these changes, because you’ll actually see what may be happening in your body on a cellular lever. Please remember to fast for a minimum of 4 hours prior to your Live Blood Analysis. Continue taking any medications, supplements, and consume water as a beverage until a blood sample has been taken. You may bring a snack to eat during your appointment.

Here’s how the Demonstration works:

1. You will complete a brief health evaluation profile.
2. The health evaluation profile will be reviewed, and recommendations for lifestyle changes will be made as needed. Such recommendations will be limited to the education of sound nutritional principles, exercise, supplementation and visualization techniques.
3. A one(1) drop sample of blood will be taken by qualified technician.
4. A magnified image of this blood will be shown to you on a video monitor.
5. The technician will show you a picture of normal, healthy blood for your comparison.

PLEASE READ CAREFULLY:

I understand that the Live Blood Demonstration will provide me with a graphic illustration of my life blood cell physiology. I understand that this Demonstration is not a medical test, nor is any medical diagnostic information to be derived or implied by this demonstration. I understand that my lifestyle, eating habits, nutritional balance and mental state may affect what I see. Therefore, I may get varying results if I repeat the tests over various periods of time.

I authorize the Microscopist to use a lancet to obtain the drop of blood for the demonstration, using OSHA approved guidelines. I agree to hold harmless the independent Microscopist who performs this demonstration, I hereby grant the independent Microscopist permission to include the results of this demonstration in any statistical or research study. I understand that any nutritional suggestion is not intended as primary therapy for any disease or symptom, but rather is intended as an added schedule of enzymes and nutrients provided solely to upgrade the quality of foods delivered through the diet.

Furthermore, by consenting to the Live Blood Demonstration I willingly agree to become a member of the Association of Health Minded Consumers.

By my signature below, I agree to terms above:

Signature

Date

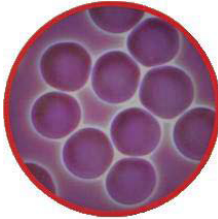


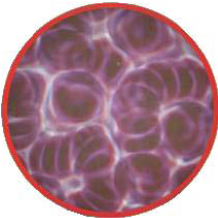
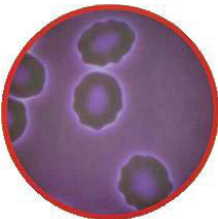

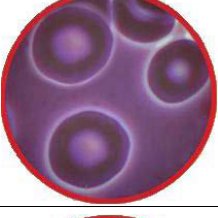
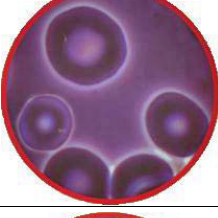

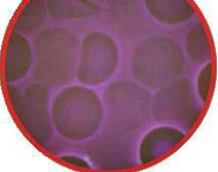
Please Print Full Name

Microscopist Signature





Date

Nutritional Blood Screening for:




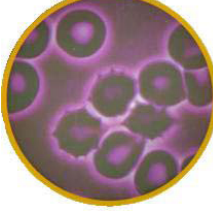
Undigested Proteins, Vitamins and Mineral Deficiencies

	<p>Normal Healthy Red Blood Cells - the circulatory system carries oxygen, nutrients, antibodies, and hormones to other cells to keep them alive and healthy. Average number of red blood cells - 25 trillion. Blood makes a complete circuit in your body every 30 seconds.</p> <p>High 5 4 3 2 1 Low</p>		<p>Protein Linkage - is a sign that excessive protein is being consumed or is not being digested completely or the body is breaking down muscle for protein. As cells start sticking together, it becomes harder for your heart to push the blood through your blood vessels.</p> <p>High 5 4 3 2 1 Low</p>
	<p>Rouleau - caused by high fat/protein/sugar diets and results in high acidity. Can also result in poor circulation and decreases the amount of oxygen and nutrients available for your body. Seen in people with fatigue, poor digestion and a variety of additional health disorders.</p> <p>High 5 4 3 2 1 Low</p>		<p>Erythrocyte Aggregation - is one step worse than Rouleau. Seen in people with serious chronic health challenges. Caused by undigested fats/proteins and results in high acidity. Also found in people with poor circulation, blood clots, low blood oxygen and severe fatigue.</p> <p>High 5 4 3 2 1 Low</p>
	<p>Poikilocytes - are red blood cells whose membrane wall has been damaged by free radicals from carcinogenic agents, medications, illicit drugs, pesticides, certain preservatives, toxic fumes, smog, excessive exercise or other harmful agents. Prevents cells from effectively delivering oxygen and nutrients.</p> <p>High 5 4 3 2 1 Low</p>		<p>Microcytes - are smaller than normal red blood cells. These cells may be present after blood loss and in people with certain types of anemias. Results from deficiencies in enzymes, folic acid, B12, iron, copper, cobalt, lecithin, quality fats, and certain amino acids.</p> <p>High 5 4 3 2 1 Low</p>
	<p>Macrocytes - are larger than normal red blood cells that rupture easily. Caused by deficiencies in enzymes, folic acid, B12, copper, cobalt, iron, lecithin, quality fats, and certain amino acids. Seen in people with hemolytic anemia, fatigue, allergies and poor nutrient absorption.</p> <p>High 5 4 3 2 1 Low</p>		<p>Anisocytes - are red blood cells that vary in size. Since they contain both macro and microcytes, this problem results from the same nutritional deficiencies as macrocytes and microcytes. May be found in certain types of anemias and other health challenges.</p> <p>High 5 4 3 2 1 Low</p>
	<p>Target Cells - are deficient in iron and therefore hemoglobin- the part of red blood cell that carries oxygen. Results from poor digestion and may cause fatigue. Seen in certain types of anemia.</p> <p>High 5 4 3 2 1 Low</p>		<p>Hemolysis - also called "ghost cells" is the destruction of red blood cells which may be caused by infection, toxins, intravenous injections, alcohol, or malnutrition within the cell causing it to die prematurely.</p> <p>High 5 4 3 2 1 Low</p>







Fat, Protein, and Liver Congestion

	<p>Normal Thrombocytes - also called "platelets" are small disk shaped cells that help clot blood. When a blood vessel is injured, platelets adhere to each other, and the injury site, to form a plug and stop the bleeding.</p> <p>High 5 4 3 2 1 Low</p>		<p>Thrombocyte Aggregation - except when forming a clot from an injury, this is a serious problem where platelets stick together in large clumps. This can result in blockage of blood vessels and lead to heart or brain circulation problems. Results from diets high in poor quality fats, protein and refined sugar.</p> <p>High 5 4 3 2 1 Low</p>
	<p>Spicules - also called "fibrin"- forms a netlike substance in the blood used to clot blood and trap toxins. Seen in people with high amounts of stress, pain, injuries, or chemical toxicity. When no injury is evident, there can be a danger of a blood clot that can cause heart or brain problems. May be caused by liver stress, alcohol intake, medications, poor quality fats, nicotine, and the incomplete breakdown of proteins/fats.</p> <p>High 5 4 3 2 1 Low</p>		<p>Chylous - are small particles of fats in the blood. The presence of chylous in the blood after a 4 hour fast can indicate poor fat metabolism due to liver/gallbladder and pancreatic stress. Also seen in people with high triglycerides and plaque in the blood.</p> <p>High 5 4 3 2 1 Low</p>

Fat, Protein, and Liver Congestion

	<p>Plaque - builds up along blood vessel walls, in our joints, and brain, causing deterioration, restriction and poor circulation. Has been shown to contribute to high blood pressure and heart problems. Results from poor quality fats, fried foods/overly heated oils, refined carbohydrates and sugars.</p> <p>High 5 4 3 2 1 Low</p>		<p>Uric Acid - is a byproduct of protein metabolism. When protein intake is too high or the body is unable to properly metabolize proteins, it can oxidize into a solid crystal. Present in people with kidney, liver and joint problems. Indicates a lack of enzymes and antioxidants.</p> <p>High 5 4 3 2 1 Low</p>
	<p>Cholesterol - is an important substance that becomes a problem when it oxidizes into a solid crystal. It is found in plaque and forms as a result of high acidity, lack of enzymes, and lack of antioxidants.</p> <p>High 5 4 3 2 1 Low</p>		<p>Echinocytes - also called “burr cells” are red blood cells that have a thorny appearance. Often indicative of kidney or liver stress, high toxins, medications, low electrolytes, and dehydration. May be found in people with neurological problems and sedentary people after flying long distances.</p> <p>High 5 4 3 2 1 Low</p>

Immune System, Parasites, Bacteria, and Fungal Forms

	<p>Healthy White Blood Cells - are cells of the immune system. There are approximately one or two white cells for every 500 red blood cells. When there is an elevated count, it is usually a sign of infection. White blood cells protect us, keep us healthy, destroy invaders and cells that have mutated, and clean our blood.</p> <p><input type="checkbox"/> Normal <input type="checkbox"/> Small/Inactive <input type="checkbox"/> Other</p>		<p>Yeast - is a fungus that feeds on undigested food and sugar in the blood. The main yeast found in the blood is Candida Albicans. High amounts are often found in connection with many health problems. Also indicative of over acidity as yeast cannot live in an alkaline environment. Can cause extreme fatigue, lethargy, foggy thinking, burning/itching skin irritation, and excess digestive gas production.</p> <p>High 5 4 3 2 1 Low</p>
	<p>L-Form Bacteria - are parasitic bacteria whose presence indicates a weak immune system and produce a toxic byproduct which can further weaken the immune system. Found in people who get sick easily.</p> <p>High 5 4 3 2 1 Low</p>		<p>Rod Form Bacteria - is an advanced type of harmful bacteria which indicates a very weak immune system. These bacteria produce toxic byproducts which further weaken the immune system.</p> <p>High 5 4 3 2 1 Low</p>
	<p>Parasitized Red Blood Cells - are severely weakened cells that have parasites inside causing them to die, unless stopped by our immune system. Indicates a very weak immune system and possible liver, spleen and gastrointestinal problems.</p> <p>High 5 4 3 2 1 Low</p>		<p>Fungal Forms - are parasites which develop over time and can be difficult to remove. They indicate a weak immune system, poor digestion/nutrient absorption, and high acidity in the blood. May be found in people with fatigue, digestive disturbances, and other health challenges.</p> <p>High 5 4 3 2 1 Low</p>